

## **Additional Resources of increasing youth activity during the school day**

### **Department of Public Instruction videos**

<http://dpi.wi.gov/sspw/physical-education>

<https://www.youtube.com/playlist?list=PLFC931CA701644705>

### **Healthier Generations Activity Breaks**

<http://www.schooltube.com/search/?term=fit+for+a+healthier+generation>

[https://www.healthiergeneration.org/take\\_action/schools/physical\\_activity/physical\\_activities/fit\\_for\\_a\\_healthier\\_generation/](https://www.healthiergeneration.org/take_action/schools/physical_activity/physical_activities/fit_for_a_healthier_generation/)

### **JAM (Just-a-minute)**

<http://www.healthetips.com/jam-program.php>

### **GoNoodle**

[http://video.search.yahoo.com/yhs/search?p=Gonoodle&fr=yhs-iry-fullyhosted\\_003&hspart=iry&hsimp=yhs-fullyhosted\\_003](http://video.search.yahoo.com/yhs/search?p=Gonoodle&fr=yhs-iry-fullyhosted_003&hspart=iry&hsimp=yhs-fullyhosted_003)

### **Active Classrooms**

<http://activeclassrooms.wikispaces.com/Active+Classrooms>

<http://www.activeacademics.org/>

<http://blog.blackboard.com/ten-classroom-activities-for-the-active-learner-part-2/>

<http://www.pegames.org/classroom>

<http://www.valleyair.org/programs/ActiveIndoorRecess/Active%20Indoor%20Recess%20Curriculum%20-%20Kindergarten%20-%206th.pdf>

<http://www.pinterest.com/movingeveryday/active-classroom/>

<https://onedrive.live.com/?cid=83ce0e2601f779a7&id=83CE0E2601F779A7%21110&ithint=folder,.mp4&authkey=!AMbIWxOhbPA7GeM>

### **ESL**

<http://www.eslkidstuff.com/Gamescontents.htm>

<http://www.jamschoolprogram.com/>

**Indoor Active Recess**

<http://www.pinterest.com/recessdoctor/classroom-games-for-indoor-recess/>

<http://www.peacefulplaygrounds.com/10-rainy-and-snow-day-activities-for-indoor-recess/>

**Active Recess**

<http://www.shapeamerica.org/advocacy/upload/Guide-for-Recess-Policy.pdf>

<http://dpi.wi.gov/sites/default/files/imce/sspw/pdf/sasactiverecess.pdf>

<http://www.actionforhealthykids.org/storage/clubs/mn-healthy-schools-conference.pdf>

[http://sss.mpls.k12.mn.us/uploads/ar\\_toolkit\\_-\\_revised\\_fall\\_2012\\_2.pdf](http://sss.mpls.k12.mn.us/uploads/ar_toolkit_-_revised_fall_2012_2.pdf)  
(concept map)

<http://www.playworks.org/game-tags/recess-games>

<http://www.playworks.org/playbook/games>

<http://www.playworks.org/playbook/what-is-a-great-recess/playground-strategies>