EMOTIONAL DEVELOPMENT (PK-5th Grade)

Understand and manage one's emotions

No.	DESSA Competency	CASEL Domain	PK-5K	1st-3rd	4th-5th
1	Self-Awareness Social-Awareness	Self-Awareness	Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1	Learners will be able to recognize and label a variety of their own basic emotions.	Learners will be able to recognize and label a variety of complex emotions in self and others.
2	Self- Management Social-Awareness Self-Awareness	Self- Management	Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1	Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Learners will be able to express their emotions to self and others in respectful ways.
3	Self-Management Goal-Directed Behavior	Self- Management	Learners will be able to, with adult guidance, display age appropriate self- control. WMELS Domain II A EL.1	Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.
4	Self-Management Goal-Directed Behavior Personal Responsibility	Focus Attention	Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1	Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.
5	Social Awareness Relationship Skills	Social Awareness	Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2	Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Learners will be able to identify others' need for empathy and respond in respectful ways.



EMOTIONAL DEVELOPMENT (PK-5 th Grade)						
6	Social Awareness Self-Awareness	Social Awareness	Learners will be able to associate words and gestures with a variety of emotions expressed by others. WMELS Domain II A EL.2	someone else may feel in a variety of	Learners will be able to use perspective- taking to predict how their own behavior affects the emotions of others.	



SELF-CONCEPT (Pre K - 5th Grade)

Develop positive self-identity and recognize self as a lifelong learner

	Develop positive self-identity and recognize self as a lifelong learner						
No.	Aperture Education Competency	CASEL Domain	PK-5K	1st-3rd	4th-5th		
7	Self-Awareness Optimistic Thinking	Self-Awareness	Learners will be able to exhibit positive self-concept and confidence in their abilities. WMELS Domain II B EL.1	Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Learners will be able to use a "growth mind set" in order to recognize and build on their strengths.		
8	Self-Awareness Social-Awareness	Self-Awareness	Learners will be able to, with adult guidance, recognize and share independent thoughts. WMELS Domain II B EL.1	Learners will be able to identify and explore their own beliefs.	Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.		
9	Self-Awareness Social-Awareness	Self-Awareness Social-Awareness	Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II B EL.2	Learners will be able to define the role family and culture play in their identity and beliefs.	Learners will be able to identify their role in their family and community and how those roles impact their identity.		
10	Self- Management Self-Awareness Goal Directed Behavior	Self-Management	Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences. WMELS Domain IV A. EL 1	Learners will be able to identify simple goals for personal and academic success.	Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.		
11	Self-Awareness Self-Management Goal Directed Behavior	Self-Awareness Self-Management	Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities. WMELS Domain IV A EL 2	Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.		



SOCIAL COMPETENCE (Pre-K - 5th Grade)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

No.	Aperture Education Competency	CASEL Domain	PK-5K	1st-3rd	4th-5th
12	Social-Awareness	Social-Awareness	Learners will be able to demonstrate awareness of self as a unique individual. WMELS Domain II B EL.2	Learners will be able to present their own point of view.	Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups.
13	Social-Awareness Relationship Skills Self-Awareness	Social-Awareness	Learners will be able to reflect their family, culture, and community when engaged in play and learning. WMELS Domain IV C EL.2	Learners will be able to identify commonalities they share with peers.	Learners will be able to build relationships between diverse groups of people.
14	Social Awareness Self-Awareness Relationship Skills	Social-Awareness	Learners will be able to, with adult guidance, begin to notice that other children and families do things differently. WMELS Domain IV C EL.2	Learners will be able to recognize and respect that individual differences are important to self and others.	Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.
15	Relationship Skills Social-Awareness	Relationship Skills	Learners will be able to engage in healthy and rewarding social interactions and play with peers. WMELS Domain II C EL.2	Learners will be able to identify the different relationships they have with others.	Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.
16	Relationship Skills Social-Awareness	Relationship Skills	Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults). WMELS Domain III B EL.2C	Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships.
17	Relationship Skills Self-Management	Relationship Skills	Learners will be able to adapt behavior based on adult directives.	Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues.	Learners will be able to independently adapt behavior based upon peer feedback and environmental cues.



SOCIAL COMPETENCE (Pre-K - 5th Grade) Relationship Skills 18 **Relationship Skills** Learners will be able to participate in Learners will be able to demonstrate Learners will be able to work cooperatively cooperative play with peers. WMELS listening skills, start and stop conversations, and productively in a group to accomplish a Social-Awareness Domain II C EL.2 and take turns in conversations. set goal. Personal Responsibility

SOCIAL COMPETENCE (Pre-K - 5th Grade continued)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

No.	Aperture Education Competency	CASEL Domain	PK-5K	1st-3rd	4th-5th
19	Relationship Skills Social-Awareness Decision Making	Relationship Skills	Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. WMELS Domain II C EL.4	Learners will be able to understand the perspective of others in a conflict situation.	Learners will be able to identify cause and effect of a conflict.
20	Decision Making Personal Responsibility	Decision Making	Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.
21	Social Awareness Relationship Skills Personal Responsibility	Social-Awareness	Learners will be able to follow simple group rules. WMELS Domain II C EL.3	Learners will be able to demonstrate positive behaviors as established in classroom and school-wide expectations.	Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.
22	Relationship Skills	Decision Making Relationship Skills	Learners will be able to demonstrate understanding of simple rules related	Learners will be able to describe ways to promote personal safety.	Learners will be able to honor social norms with respect to safety of oneself



SOCIAL COMPETENCE (Pre-K - 5th Grade)						
	Decision Making Social-Awareness Personal Responsibility		primarily to personal health and safety. WMELS Domain II C EL.3		and others.	
23	Social Awareness Relationship Skills	Social-Awareness Relationship Skills	Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment. WMELS Domain IV A EL.2	Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Learners will be able to identify when and how to offer help to others.	
24	Decision Making Social-Awareness Relationship Skills	Decision Making Social-Awareness Relationship Skills	Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II A EL.2	Learners will be able to, with adult guidance, identify classroom, school, and community needs.	Learners will be able to identify actions that would positively impact change in a classroom, school, and community.	

