



School Nurse UPDATE

#14 March 9, 2023

Greetings!

Celebrate your School Social Worker colleague(s) this week. It's their week to shine and be recognized. See DPI News for a DPI ConnectED story by our DPI School Social Worker consultant.

Any school nurses who get involved in **transition planning for their students' post-graduation** may want to look at the transition readiness grant opening soon (p. 2). FYI, a speaker at the WASN conference will be addressing health care management transition planning.

Several training opportunities are shared in this newsletter. Take a look at the attached flyers in addition to the newsletter contents.

The date and venue for the **School Nurse Summer Institute** has been set. The institute will be held **August 8, 2023 at the Double Tree Inn in Madison**. Registration for the institute will be opening in a few weeks. Registration will be limited to 60 participants. The institute will offer training on Youth Mental Health First Aid. See the flyer attached to this newsletter for more information about YMHFA.

School districts are reminded that they can still order at home test kits to send home to families. See article on end of the DHS school testing program (p.5).

As of this writing (3/7) the outcome of the public hearing for DHS 144 is unknown. As promised in the Zoom meeting held this week both DHS and DPI will communicate with schools regarding the implementation of DHS 144 with transparency.

Louise

SCHOOL NURSE UPDATE/ISSUE #1

FEATURED STORIES

[PRACTICE POINTS – Being Relentless](#)

[Suicide Consultation Services \(DPI News\)](#)

[OTC Naloxone \(p.8\)](#)

[Ancient Struggle with Head Lice \(p.9\)](#)

SAVE THE DATES

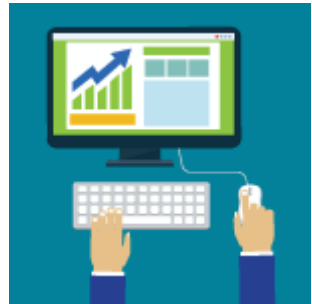
[DPI Consultant Office hours 3/17/2023 8-8:45 AM](#)

[DiSH Webinar 3/15/2023 3-4 PM](#)

[WASN Annual Conference April 26-28, 2023 Green Bay, WI](#)

[NASN Annual Conference June 30- July 3, 2023 Orlando, FL](#)

DPI News



DPI School Nursing Website Changes

The introduction to the [Medication Training website](#) was updated to clarify the training requirements for private schools.

The resource [Guidelines for the Nurse in the School Setting Children's Hospital of Chicago](#) was added under Procedures and Protocols on the Resources and Publications [webpage](#).

Several new resources were added under the Opioid tab on the Resources and Publications [webpage](#).

As many organizations and groups have sought to have their opioid antagonist training approved by DPI a new format will be used to list these trainings. A Word document is [linked](#) and updated as new programs are approved..

School Social Workers Deserve Our Respect and Support

They are hardworking, caring, and gifted. They are interpreters, wayfinders, and beacons.

[View Social Worker Story](#) in DPI ConnectED.

23-24 Transition Readiness Grant Application Coming Soon!

The application for the 23-24 Transition Readiness Grant (TRG) Awards will be released on Wednesday March 8, 2023. The application and supporting materials for interested applicants will be posted to the [TRG Webpage](#). School districts and charter schools under [Wis. Stat. 118.40 \(2r\)](#) and (2x) are eligible to compete for funding for FY 24 that supports evidence-based practices related to the successful transition from high school for students with IEPs. The \$1.5 million fund will support:

- * Transportation options (including contracted services or vehicle purchases)
- * Competitive Integrated Employment Training (CIE) Programs
- * Post-secondary tuition/supports for students
- * Transition Training for Staff Members

A virtual Q&A Session will be hosted for interested applicants on Wednesday March 15, 2023 from 12-1pm. Click [HERE](#) to register for the Q&A session.

Several new resources were added under the Opioid tab on the Resources and Publications webpage.

DPI News

School Mental Health Works Podcasts

Have you listened to the new "School Mental Health Works!" podcast yet? It's a quick-dip podcast featuring dialogues on school mental health in Wisconsin. Produced by the **Coalition for Expanding School-Based Mental Health in Wisconsin**, the series highlights the successes and challenges experienced by a range of partners as communities Collaborate and show that school mental health works. Check out newly-released Episode 3: Collaboration – Teamwork Makes the Dream Work! Find us wherever you listen to podcasts—or [on our website!](#)



Wisconsin Educators, Please Tell Us What Training and Support You Need!

To help the [WI Safe & Healthy Schools Training Center](#) better meet the professional learning needs of schools and communities, please complete the following survey by April 14, 2023.

The survey is completely voluntary and takes less than 10 minutes.

To thank you for your time you may choose to enter a drawing at the end of the survey. We will be giving away three gift cards (\$100, \$50, \$25) to a store of your choice in a drawing on April 17, 2023!

Survey link: <https://www.surveymonkey.com/r/WISH2023>

With great hope: In celebration of public schools

Wisconsin Department of Public Instruction Executive Director of Equity and Inclusion Demetri Beekman writes about the importance of public schools and the impact experiences in public schools have on students, staff and families [in this editorial for publication](#)

Free Suicide Prevention Consultation Service!

Funded by the Garrett Lee Smith Grant awarded to Mental Health America with DPI as a collaborative partner. See flyer attached to this newsletter for additional details.

To thank you for your time you may choose to enter a drawing at the end of the survey. We will be giving away three gift cards (\$100, \$50, \$25) to a store of your choice in a drawing on April 17, 2023!

DPI News

Manifestation Determination: IEP Team Considerations

DPI has received many questions regarding manifestation determinations, so we are sending these reminders with links to more information.

To determine whether a specific conduct is a manifestation of a student's disability, the student's IEP team must review **all** relevant information in the student's file, including but not limited to the student's IEP, any teacher observations, and any additional relevant information provided by the parents.

Additionally, the IEP team must have specific facts related to the conduct leading to the student's potential discipline. Knowing general information about the alleged misconduct without specific information does not provide the IEP team sufficient information to determine if the student's conduct in that specific situation was a manifestation of their disability.

Finally, an administrator cannot direct the IEP team to change the student's placement because of a disciplinary infraction or otherwise influence the IEP team's decision. The requirement to conduct a manifestation determination cannot be circumvented. Any time a student's placement is changed because of a violation of a code of conduct, the student's IEP team must conduct a manifestation determination.

For more information on Manifestation Determination, please see [Information Bulletin 14.02](#).

For more information regarding Disciplining Children with Disabilities, please see [Information Bulletin 06.02](#).

Staff Wellness and Health Equity Webinar: Moving Beyond School Wellness Policy

Session attendees will establish an understanding of how health disparities and educational equity are connected and how that influences staff in our public schools. This connection is demonstrated through defining terms, overview of key public health frameworks, and relevant data. Along the way, participants will reflect on factors that shaped their health and the factors that shape their wellness today. Learning is applied when attendees are asked to consider where they can utilize a health equity and flourishing model approach for themselves and others in their school community.

Date: Tuesday, March 21, 2023

Time: 9:30 - 11:00 AM

Cost: FREE

Participants must use the link below to register in advance for this webinar. After registering, you will receive a confirmation email containing information about joining the webinar. **The webinar will be recorded**, and the recording will be made available to those who register in advance.

Register in advance for this webinar:

[Zoom Meeting Registration](#)

DHS News



Respiratory Report

[The Weekly Respiratory Report](#) is available and updated bi-weekly

COVID-19 testing resources for recreational, educational or day camps and early childhood education (ECE) programs

The Wisconsin Department of Health Services (DHS) is announcing the phased step-down of the K-12 COVID-19 School Testing Program, which will affect recreational, educational or day camps and ECE programs. All vendor support will end April 30, 2023.

What does this mean for you?

There will be no vendor support for camps and ECEs. However, DHS is making free COVID-19 antigen test kits available if you wish to set up your own self-test program. **Please note: June 15 is the deadline to order these self-tests.** You can obtain them through:

- [The DHS Order Website](#), which allows organizations to order self-test kits online. [Instructions on how to order can be found here.](#) Please note that some at-home tests have extended expiration dates, including iHealth and BinaxNOW. For questions about expiration dates, [visit this FDA webpage.](#)
- **Local and tribal health departments**, which have self-tests to distribute to your organization. [Find your health department by using this map.](#)

In addition, every Wisconsin household can now get two free at-home COVID-19 self-test kits every month through the [Say Yes! COVID Test](#) program. Each test kit includes five rapid antigen tests, for a total of 10 self-tests per order. We recommend promoting this to staff, families, and participants of your programs.

For any additional questions, please email the K-12 inbox at <mailto:DHSK12CovidTesting@dhs.wisconsin.gov>.

There will be no vendor support for camps and ECEs. However, DHS is making free COVID-19 antigen test kits available if you wish to set up your own self-test program. Please note: June 15 is the deadline to order these self-tests.

DHS News



Immunization Grant Awardees

The Wisconsin Department of Health Services (DHS) is pleased to announce the awardees of the Improving Routine Vaccination Uptake Through Community Outreach Grant Program.

This grant opportunity funds organizations to reduce health disparities in routine vaccines through outreach efforts.

The awardees are:

- City of West Allis Health Department
- Boys and Girls Club of Green Bay
- Autism Society of Greater Wisconsin
- Clark County Health Department
- ProHealth Care Foundation
- Chippewa Valley Free Clinic
- Hmong American Center /Hmong and Hispanic Communication Network
- Newcap Inc.
- Burmese Rohingya Community of Wisconsin
- The Lakes Community Health Center DBA Northlakes Community Clinic
- Gerald L Ignace Indian Health Center

DHS is proud to announce that grant recipients' programs will reach 33 counties in the state. These grant recipients will leverage their relationships to the many diverse communities in the state and provide services to meet each communities' individual needs.

In September of 2022, DHS announced the grant opportunity with funding coming from the Immunization Cooperative Agreement with the Centers for Disease Control and Prevention (CDC). The Improving Routine Vaccination Uptake Through Community Outreach Grant Program has funded activities with a focus on routine childhood and adolescent vaccines.

If you have any questions please email:

dhsdphimmroutineadultoutreach@dhs.wisconsin.gov
or dhsdphimmroutinechildoutreach@dhs.wisconsin.gov

This grant opportunity funds organizations to reduce health disparities in routine vaccines through outreach efforts.

NASN News

Join us for [NASN2023](#) – face to face in sunny Orlando, Florida, on our virtual platform, or both! Attending these separate events with different schedules will benefit your entire school community. View the agenda: [In-Person](#) or [Virtual](#)

NASN has assembled a [Justification Toolkit](#) with reasons to attend in-person, virtually, or both events.

[Registration Rates](#)

[Register](#) by May 1, 2023, to get the early rate.



WASN News

Wisconsin Association of School Nurses Annual Conference –

Improving the Inclusivity and Visibility of School Nurses – April 26-28, 2023 – Registration now open. [Learn more](#)



School Nurse Blog

[The Relentless School Nurse: Hope on the Horizon](#)

Robin Cogan, MEd, RN, NCSN, FNASN,
FAAN Feb 27



Medscape Nurses

FDA Panel Gives Unanimous Thumbs Up to OTC Naloxone

In the wake of an escalating opioid crisis, members of a joint Food and Drug Administration (FDA) advisory committee gave the green light to an over-the-counter (OTC) version of prescription [naloxone](#) nasal spray, an opioid overdose reversal agent. [Read article.](#)

Joint Effort: CBD Not Just Innocent Bystander in Weed

[Read Commentary.](#)

Psychiatric Illnesses Share Common Brain Network

A network of neural connections is linked to six psychiatric disorders: schizophrenia, bipolar disorder (BD), depression, addiction, obsessive-compulsive disorder (OCD), and anxiety, new research shows. [Read article.](#)



Wisconsin Asthma Coalition

Children's Wisconsin and education/prevention surrounding Vaping

Children's Wisconsin was one of the first health care organizations in the country to sound the alarm on vaping after several teens were treated for severe lung injuries. Since then, they have worked to provide resources to help teens understand the potential dangers of vaping.

Vaping impacts all students in a school – even those who choose not to vape. Children's Wisconsin has created new [vaping resources for educators](#) to use and share with students and families. These resources are available on the [Healthy Kids Learn More website](#) under the Educator Resources tab, and include:

- [Vaping 101](#): Current facts and information for educators to share with students.
- [Classroom activities](#): Help educate students about the risks of vaping through storytelling (watch Ksenia's story), accessing valid and reliable health information, practicing refusal skills and self-reflection.
- [Resources to share with families](#): Fact sheets on what parents and caregivers should know, vaping prevention and quitting.

Please use and share this information with your school. Together, we can help keep Wisconsin kids safe and healthy. [Contact us](#) with feedback and questions.

Vaping impacts all students in a school – even those who choose not to vape.

Miscellaneous

Scientists Translate the Oldest Sentence Written in the First Alphabet-Inscribed on a Canaanite comb, the words reveal a struggle with head lice.

The oldest sentence written in the world's first alphabet describes a problem that still plagues humans today: head lice. Carved into a tiny ivory comb, the words read: "May this tusk root out the lice of the hair and the beard." [Read article.](#)



Flu and COVID combo shots won't be ready this year, FDA official says...

Vaccines that offer protection against both COVID-19 and influenza with a single shot will likely not be ready in time for this year, a top federal official said Wednesday. However, tweaks to update the current COVID vaccines and drugs are expected soon.

[Read more](#) from CBS News.

FDA authorizes first at-home test that can detect both flu and Covid-19

The US Food and Drug Administration authorized what it says is the first at-home test that can tell users if they have the flu and/or Covid-19. The test, made by California biotech company Lucira Health, uses a single self-collected nasal swab and can provide results in about half an hour. The test can be bought without a prescription. It's authorized for anyone 14 and older for self-collection, or an adult can give it to a child 2 or older.

DPI Note: I learned on a STAT call last week that the company Lucira Health has filed for bankruptcy.

Vaccines that offer protection against both COVID-19 and influenza with a single shot will likely not be ready in time for this year.

School-Based Health Alliance



FY 2023 School-Based Service Expansion Funding Opportunity Now Available

HRSA has released the fiscal year (FY) 2023 School-Based Service Expansion (SBSE) notice of funding opportunity (HRSA-23-097). HRSA will make \$25 million available for approximately 70 awards. Award recipients will use this funding to increase access to primary health care services, including mental health services, through new and/or existing school-based service site(s). If proposing a new school-based service site, the maximum federal funding is \$350,000 per year. If proposing to expand services at existing school-based service site(s) only, the maximum federal funding is \$250,000 per year. Health Center Program operational (H80) grant award recipients are eligible to apply. Health centers must make mental health services available at all school-based service sites where they propose to use SBSE funding. Visit the [FY 2023 SBSE technical assistance \(TA\) webpage](#) for more information on this opportunity.

FY 2023 SBSE applications are due in: [Grants.gov](#) by 11:59 p.m. ET on Friday, March 31. [HRSA's Electronic Handbooks](#) by 5:00 p.m. ET on Monday, May 1. HRSA will host a webinar for applicants: Monday, March 13 3:00-4:00 p.m. ET

We will publish the access details on the [FY 2023 SBSE TA webpage](#) and in an upcoming Primary Health Care Digest newsletter. Submit questions via the [BPHC Contact Form](#): Under "Funding," select "Applications for Notice of Funding Opportunities." Then, select "School-Based Service Expansion (SBSE)."

Prevent Blindness Wisconsin Children's Vision Screening Training

Please join us for the Prevent Blindness Wisconsin Children's Vision Screening training on Friday, March 31, 2023.

The in person session will be held at Portage High School Technology Center, 301 E. Collins Street, Portage, enter door 12.

8:30 a.m. until 10:30 a.m.

Cost \$75 (This activity is eligible for the WI DHS grant funds under Strategy 2).

[Register](#)

The deadline to register is 3-23-2023 so materials may be prepared for participants.

This is intended for school nurses and their health office staff who assist with or perform vision screening in the school setting. [Read more](#) from CNN.

Practice Points

By Louise Wilson

Being Relentless

For this Practice Points I decided I am going to highlight a recent “The Relentless School Nurse” blog. I am not sure how many of you ever click on or open the blogs I sometime share in these newsletters. This blog I felt was important enough to copy and share hoping more of you would read it.

It is getting to that time of the school year when school nurses are particularly weary and looking forward to Spring Break. It is that time of year when school nurses sometimes question what have they accomplished. This blog hopefully will remind each of you that you are relentless school nurses. I am looking forward to the annual school nurse conferences and spending time with my relentless school nurse colleagues!

The Relentless School Nurse: Some thoughts on RELENTLESS SCHOOL NURSES by Judy Doran

March 2, 2023

Robin Cogan, MEd, RN, NCSN, FNASN, FAAN

Here is a message from our friend, Judy Doran, the Maine school nurse who writes a guest blog aptly titled “Maine Points,” from her corner of the country. She is a school nurse friend with whom I have an unbreakable bond after being in the long COVID foxhole together. I am sure you know what I mean. We are all emerging even stronger versions of who we were before times. Thank you, Judy, for your kind words at the beginning of this blog post, (yes, I did include them, because you wrote them) but most importantly, for your sweeping definition of what it means to #BeRelentless.

Some thoughts on RELENTLESS SCHOOL NURSES – by Judy Doran

Relentless. – YOU are our A#1 model. Your relentless embodiment is palpable. 0200 or 0600 posts before school. Sometimes night ones when most everybody has shut down. You are ON it.

You also have the capacity to turn on a dime. And shine the conversation on the matter at hand. Your gears are always turning. It’s amazing and appreciated! And that is to say you are. Relentless. Fearless. Proud.

So, if we put this on a continuum or spectrum you are as relentless as they come. If we went to the other end of the spectrum, we’d be looking at a person who is defined by the media description of ice packs and bandaids. There might be some like that, but I don’t know any.



It is that time of year when school nurses sometimes question what have they accomplished. This blog hopefully will remind each of you that you are relentless school nurses.

Who are the others?

The ones who got the water fountain fixed.
The ones who made sure 68 hours of hunger backpacks filled.
The ones who got free eyeglasses.
The ones who organized vaccine clinics.
The ones who made phone calls to providers to square away meds.
The ones who made safe places for a breather.
The ones who taught everybody everything about keeping students with X conditions safe and in school.
The one who tangled with food services for nutritional labels.
The one who pushed for naloxone in school.
The ones who found warm shoes and clothing.
The ones who helped folks navigate loss of housing.
The ones who learned about grieving children.
The ones who step up to learn about gun violence prevention.
The ones who wonder about their physical safety every day.
The ones who stepped up in the face of a worldwide airborne pandemic and proudly declared that while they didn't know much about Covid specifically, they did know infection control and mitigation measures.
The ones who try all day every day to treat children with the dignity they deserve.
The ones who endured outright incivility and abuse from adults and kept going.
The ones who speak in front of the school board.
The ones who write letters.
The ones who exercise their voice.
The ones who with their eyes open, assume responsibility for the health and safety of hundreds or thousands of other people's children 180 ish days per year.
Honestly, the ones who show up every day.

Probably a year or two into school nursing I came to the realization that nothing and everything preceding had prepared me to be a school nurse. How do you even explain it? Even to other nurses. It is indeed a very broad specialty. It's like can you simultaneously practice/balance ten thousand different things (few of which are actually clinical)? Then at the same time you need to be on your clinical game because weird and scary stuff can and does happen. OK, then you can be a school nurse. To be a good one, you need to be relentless which I'm going to argue most are in their unique ways. That's why when you meet a kindred one, you can immediately share a laugh, an "I know EXACTLY what you mean!" moment. You know a lot about each other before the introductions are even done. I'm proud to have been a school nurse. Think I'm closing out pretty soon and I will always say I have had the privilege of being a nurse.

This publication is available from:
Learning and Support
Student Services Prevention and Wellness Team
(608) 266-8857
<https://dpi.wi.gov/sspw/pupil-services/school-nurse>



March 2023 Wisconsin Department of Public Instruction

The Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation, or ability and provides equal access to the Boy Scouts of America and other designated youth groups.



YOUTH MENTAL HEALTH FIRST AID

WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18.

10.2%

of youth will be diagnosed with a substance use disorder in their lifetime.

Source: Youth Mental Health First Aid**

1 IN 5

teens and young adults lives with a mental health condition.

Source: National Alliance for Mental Illness*

50%

of all mental illnesses begin by age 14, and 75% by the mid-20s.

Source: Archives of General Psychiatry***

WHO SHOULD KNOW MENTAL HEALTH FIRST AID?

- Teachers.
- School Staff.
- Coaches.
- Camp Counselors.
- Youth Group Leaders.
- Parents.
- Adults who Work with Youth.

WHAT MENTAL HEALTH FIRST AID COVERS

- Common signs and symptoms of mental health challenges in this age group, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Common signs and symptoms of substance use challenges.
- How to interact with a child or adolescent in crisis.
- How to connect the youth with help.
- Expanded content on trauma, substance use, self-care and the impact of social media and bullying.

THREE WAYS TO LEARN

- **In-person (2nd Edition)** – Learners receive their training during a 6.5-hour, Instructor-led, in-person session.
- **Blended** – Learners complete a 2-hour, self-paced online course, and participate in a 4.5- to 5.5-hour, Instructor-led training. This Instructor-led Training can be:
 - » A video conference.
 - » An in-person class.

Learn how to respond with the Mental Health First Aid Action Plan (**ALGEE**):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

Sources

* National Alliance on Mental Illness. (n.d.). Kids. <https://www.nami.org/Your-Journey/Kids-Teens-and-Young-Adults/Kids>

** Mental Health First Aid. (2020). *Mental Health First Aid USA* for adults assisting children and youth. National Council for Mental Wellbeing.

*** Kessler, R., Berglund, P., Demler, O., Jin, R., Merikangas, K.R., Walters, E.E. (2005, June). Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*. 62(6); 593-602. doi: 10.1001/archpsyc.62.6.593

Diabetes School Staff Training

Presented by Aurora Children's Health
Pediatric Diabetes Program

**Basics of Diabetes Care in the School Setting:
Friday, March 10th
from 9:00 am to 11:00 am
Virtual Session**

**Free to attend. Please register by
following the instructions below.
Link will be sent to join prior to the class.**

Email Angela.Perry@aah.org with subject line
RSVP FOR 3/10/23 Training by Monday, March 6th.

Include the following in the email:
School name, Attendee's name(s),
role(s), email address(es) for link

Suicide Prevention

Live Office Hours

Schedule Your Virtual Appointment Here:
<https://calendar.app.google/M5t8tXQvGDOazrGg7>

Supporting schools in developing comprehensive systems on suicide prevention, intervention, and postvention.



- Selecting & Implementing Peer-to-Peer Suicide Prevention
- Review of Policy
- Crisis Management and Communication
- Safety Protocol

Jackie Schoening, jschoening@cesa6.org
Phone: 920-236-0515



SAVE THE DATE!

Transition Readiness Grants 2023-2024

Virtual Q&A Session
March 15, 2023
12:00-1:00pm

Who Should Attend?

School districts and 2r/2x charters schools with a secondary population interested in applying for a Transition Readiness Grant in the 2023-2024 school year.

Visit the [TRG webpage](#) for more information.

The Q&A session will be recorded and posted on the [TRG webpage](#) for all interested applicants.

Registration

Click [here](#) to register for this event.

Take Our Survey

Survey participants are eligible for a drawing to win a \$25, \$50, or \$100 Gift Card!

- Help us plan relevant and timely training and support for next year!
- Any Wisconsin Educators (teachers, administrators, pupil service staff, eg.) are invited to participate. Please share with colleagues!
- The drawing will be held on April 17, 2023. Winners will be emailed.

www.surveymonkey.com/r/WISH2023

Take the Survey!

