



Chetek-Weyerhaeuser Area School District

**Social Emotional Learning
and
School Based Mental Health Model**

When a hand reaches out to you for
help, will you take it?

A close-up photograph of two hands, one slightly behind the other, reaching out towards each other. The hands are positioned as if they are about to clasp or support each other. The background is a soft, out-of-focus grey. The lighting is natural, highlighting the texture of the skin and the lines on the palms.

Current Reality

**About 1 in 2 of CWASD students
live in poverty.**

A close-up photograph of two hands, one slightly above the other, reaching towards each other. The hands are positioned as if about to clasp or support each other. The background is a soft, out-of-focus grey. The lighting is even, highlighting the texture of the skin and the shape of the fingers.

Current Reality

Nationwide 1 in 5 of youth ages 13-18 live with a mental health condition.

A close-up photograph of two hands, one slightly behind the other, with fingers spread and palms facing each other. The hands are positioned as if they are about to clasp or are in a gesture of reaching out. The background is a soft, out-of-focus grey.

Current Reality

11.4% of Wisconsin youth experienced a major depressive episode in the last year.

- This is the 3rd worst in the nation

A close-up photograph of two hands reaching towards each other, palms facing each other, with fingers slightly spread. The hands are positioned in the center of the frame, set against a blurred background of a person's face and shoulders. The lighting is soft and natural, highlighting the skin texture and the gesture of reaching out.

Current Reality

The average delay between onset of mental health symptoms and intervention is 8 to 10 years.

A close-up photograph of two hands reaching towards each other, palms facing each other, with fingers slightly spread. The hands are positioned in the center of the frame. The background is a soft, out-of-focus grey, suggesting an indoor setting with a person's torso and arms visible in the background. The lighting is even, highlighting the texture of the skin.

Current Reality

Suicide is the 2nd leading cause of death in ages 10-34.

Decision

**After almost 15 years of MOU's
with multiple mental health providers,**

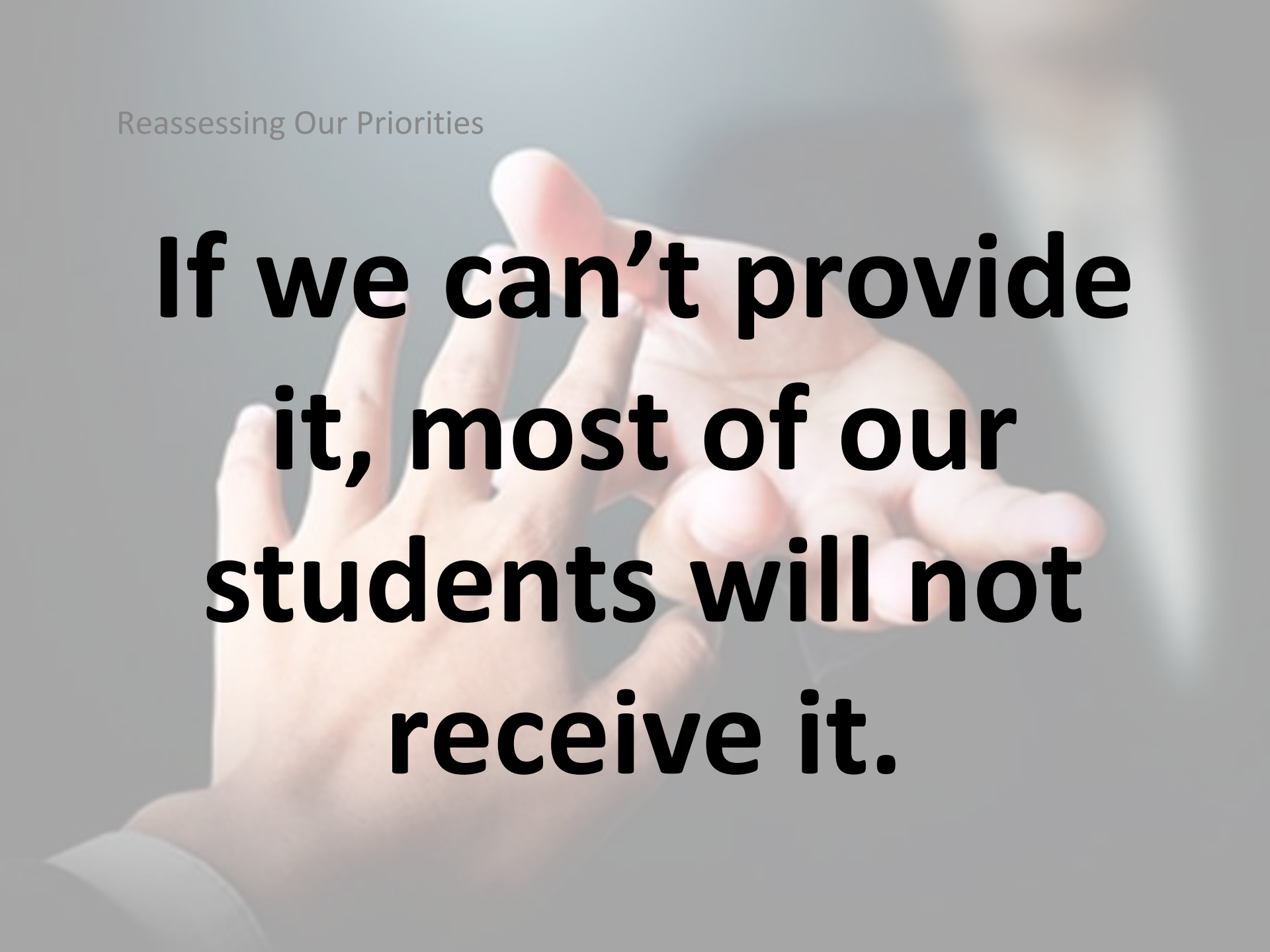
9 out of 10

CWASD students in crisis were still

unable

to receive mental health services.

Reassessing Our Priorities



**If we can't provide
it, most of our
students will not
receive it.**

Radical Move



- Licensed Professional Counselor
- Social Emotional Learning defined as critical learning skills
 - Students failing to master critical content receive an intervention specific to individual needs
- Social Emotional Learning content is the responsibility of all of us

Social Emotional Learning Content Areas

- Self-Awareness
- Relationships
- Social Awareness
- Responsible Decision Making
- Self-Management

Vocabulary



Social Emotional Learning or SEL (self-awareness, relationships, social awareness, responsible decision making, and self-management)

Mental Health Services

Intervention

- Universal (tier 1)
- Selected (tier 2)
- Targeted (tier 3)

Continuum of Services

Universal Screening



Kindergarten to Grade 5

- Individual Interview

Grades 6-12

- SSIS SEL - Social Skills Improvement System
Social Emotional Learning
- BESS - Behavioral and Emotional Screening
System

Our Data

District Grade My Class Student Manage							
2018-2019 Chetek-Wej 7th Category... All Assessm... 2018-2019 Search Target Sets							
Literacy \times^2 Math Social-Emotional Incidents Attendance							
SLO + Student Tag Course Pin Data Wall Add Details Data Wall To... Grade Charts	S...	BESS Social Emotional Risk Index T Score	Relationship Skills	Responsible Decision Making	Self Awareness	Self Management	Social Awareness
		Annually ↓	Yearly	Yearly	Yearly	Yearly	Yearly
	A...	91	40	84	53	83	72
	J...	83	78	59	84	59	108
	A...	76	83	89	69	98	110
	Ja...	71	88	103	85	95	89
	Ja...	71	78	79	77	74	93
	C...	70	97	113	108	98	108
	N...	68	61	60	55	59	77
	A...	66	80	79	70	74	93
	A...	66	82	94	74	89	83
	H...	66	75	84	91	98	101
	R...	65	75	94	77	95	86
	...	64	82	74	70	101	93
	...	59	80	69	74	80	68
	El...	57	75	84	81	86	79
	B...	56	101	103	85	89	85
	K...	56	102	103	94	95	108
	C...	54	74	118	98	113	93
	P...	54	98	98	88	104	98
	O...	53	80	94	81	98	101
	A...	52	108	108	108	101	108

Social Emotional Learning Interventions

Selected (Tier 2) Additional instruction specific to needs	Targeted (Tier 3) Intensive instruction specific to needs
Small group	Daily Class that meets 60 minutes 5 days a week
Weekly homeroom instruction	Frequent help/support sessions
Individual support sessions	Individual support sessions
Check in	

Social Emotional Learning

All students are provided social emotional learning opportunities in the general curriculum.

Some **SELECTED** students need just a little more support than others and are provided short term additional instruction based on their need.

A small number of students need to receive very intensive **Targeted** instruction to develop critical social emotional learning targets.

Some of these targeted students also need additional mental health services.

Grade	Universal	Selected	Targeted		
4K	Provided to All Students in Regular Classroom Guidance Lessons	Varies Throughout the Year Small Groups Available Based on Grade and Student Need	Determined by Need and Ongoing Challenges Very Individualized		
5K					
1					
2					
3					
4	Offered to All Students in Health and Other Course Required and Choice				
5					
6				10	7
7				12	6
8				17	16
9				17	NA
10	26	NA			

Interventions

Middle & High School

1. Classes
2. 7 Homerooms
 - taught by teachers
 - 20 minutes weekly
3. Social Emotional Learning Class
 - taught by teachers & counselor
 - 60 minutes 5 times week

Elementary

1. Guidance Classes
2. Small groups & CICO
 - Groups run by Guidance Counselor
 - teachers and support staff facilitate CICO
3. Individual Sessions

A close-up photograph of two hands, one slightly behind the other, with fingers interlaced in a supportive or comforting gesture. The hands are positioned centrally, with the text overlaid on them. The background is a soft, out-of-focus grey.

Mental Health Services

Licensed Professional Counselor

Mental Health Services



- Formal Assessment of Mental Health Needs and Conditions
- Written Treatment Plan
- Better Coordination of Services-Wrap Around
- More Immediate Response for Both Services and Crisis Management
- Professional Development for Staff
- Support for Families

Students Served

- This year a total of 85 students were provided counseling services.
- 61 Active Students (most students seen individually weekly but some are in small groups)
 - 32 HS/MS
 - 29 Elem
- Types of Needs Addressed
 - Trauma
 - Depression
 - Anxieties
 - Suicidal Ideations
 - Family Dynamic Issues
 - LGBTQ

A close-up photograph of two hands reaching towards each other. The hand on the left is in the foreground, slightly out of focus, with fingers spread. The hand on the right is in the background, also with fingers spread, appearing to reach out. The background is a soft, out-of-focus grey. The text is centered over the image.

When a hand for help is reached
out to you, will you take it?



**Wrong Question:
Why are we doing this?**

**The Real Question is:
Why are others not doing this?**

???



Questions