

## Proclamation

## BY THE STATE SUPERINTENDENT OF PUBLIC INSTRUCTION

## **Social Emotional Learning Day**

WHEREAS: Social emotional learning (SEL) is the process through

which children and adults acquire and apply the

knowledge, skills, and attitudes needed to feel and show

empathy for self and others, manage emotions and achieve personal and collective goals, establish and

maintain supportive relationships, and make responsible

and caring decisions; and

WHEREAS: SEL competencies develop throughout our lives and are

essential to success in our schools, workplaces, homes, and communities and allow individuals to contribute

meaningfully to society; and

WHEREAS: Students receiving comprehensive social and emotional

learning instruction that addresses the five core

competencies (self-awareness, self-management, social awareness, relationship skills, and responsible decisionmaking) increase their academic performance, improve their ability to manage stress, and grow their outlook on

self, others, and school; and

WHEREAS: Research suggests that evidence-based SEL programs are

more effective when they include strategies for family,

caregiver and community engagement;

THEREFORE: I, Jill K. Underly, State Superintendent of Public

Instruction, do hereby proclaim in the state of Wisconsin,

Social Emotional Learning Day, March 8, 2024.



Jilk. Underly, PhD, State Superintendent

