

Culinary Skill Demonstration: Knife Skills & Food Garnish Level 2

Small compost/waste bucket or bowl

Name (of Participant:			
Chapte	r:			
Equipment Bin Directions		Equipment List		
1.	Each participant must have their own equipment and bins, they cannot be shared between participants.	 Utility tray or sheet pan to collect ingredients (mise en place) NSF approved cutting board (15"x20" or smaller) 		
2.		 Towel for under cutting board 8-10" chef knife Small chef knife Flex blade knife 		
3.	Equipment bins should be labeled on the top and both ends with the participant's name, school, and city.	 Paring knife Sharpening steel Vegetable peeler 		
4.	Hair nets, aprons, and chef hats should not be packed in the equipment bin. They should be brought at the time of competition.	 Zester fork Aspic cutters Toothpicks or skewers 		
5.	Fruits and vegetables needed for this event will be provided and pre-washed.	 Apple corer V-shaped knife 		
6.	All knives should be in a safety sleeve.	Kitchen scissors		
	At the conclusion of competition all items from the equipment bins and finished products should be taken with the participant from the competition room.	 Crinkle cutter 3 8" or 9" paper plates 1 roll of paper towels 2 washcloths 		
8.	State Leadership Conference: All equipment bins should be dropped off in the Mangrove room at the Kalahari Convention Center on Monday, April	 2 dish towels 1 box of NSF food grade disposable gloves Digital or manual timer 		

8th prior to the Opening Session.