


# Using Product Labels to Credit

## Cereal, Yogurt & Combination Foods



Welcome to Tuesday Talks on using product labels to credit cereal, yogurt and combination foods.

# Webinar Takeaways

1

Identify cereals and yogurts that meet CACFP sugar limits

2

Correctly use CN labels and Product Formulation Statements for store-bought combination foods

3

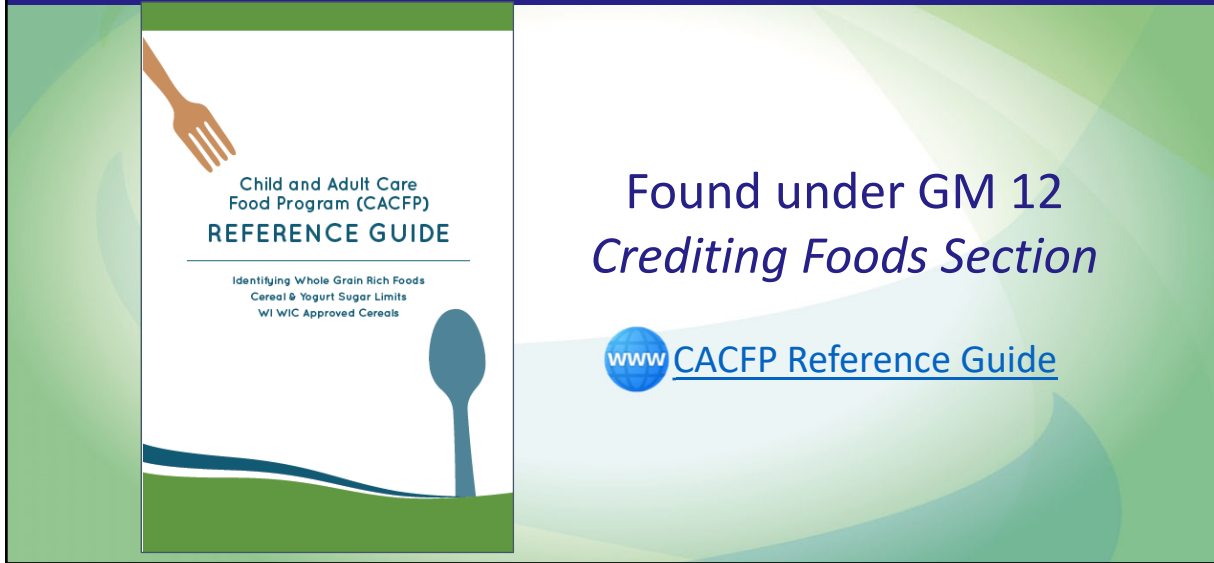
Labels to keep on file

Today, we want you to walk away knowing these important points about crediting foods using product labels.

1. How to identify cereals and yogurt that meet CACFP sugar limit requirements
2. How to correctly use CN labels and Product Formulation Statements for store-bought combination foods
3. What labels must be kept on file for items discussed today

Now, let's go through these points in more detail.

# CACFP Reference Guide



For today's presentation, we are going to be using the CACFP Reference Guide, shown on this slide. This guide was recently revised, and each program was mailed a packet of resources in April, which included a copy of the updated Reference Guide. It is also located at the link on the slide and can be found under Guidance Memorandum (GM) 12 in the Crediting Foods section.

# Breakfast Cereals

No more than  
6 grams of sugar  
per dry ounce

- WIC-Approved Cereals List
- Sugar Limits Chart



First, we're going to go over how to determine if a breakfast cereal is creditable. For a cereal to be creditable in the CACFP, there can be no more than 6 grams of sugar per dry ounce.

There are two easy ways to identify creditable breakfast cereals:

- The first is to use a WIC-Approved Breakfast Cereals List, which doesn't involve using a product label and
- The second is to use the product's Nutrition Facts label and a Sugar Limits Chart

Let's review both methods.

# Breakfast Cereals

## WI WIC Approved Cereals

Cereals on any state's WIC list meet the CACFP sugar limit. Cereals are whole grain rich (WGR) if the first grain ingredient is a whole grain and the cereal is fortified.

### Cold Cereal

#### General Mills

Cheerios (*MultiGrain, Plain*)\*  
 Chex (*Blueberry, Cinnamon, Corn, Rice, Vanilla, Wheat*)\*  
 Kix (*Berry Berry, Honey, Regular*)\*  
 Total\*  
 Wheaties\*

#### Kellogg's

Corn Flakes (*Plain*)  
 Crispix (*Plain*)  
 Mini Wheats (*Little Bites, Original, Touch of Fruit, Raspberry*)\*  
 Rice Krispies (*Plain*)  
 Special K (*Plain*)

#### Malt-O-Meal

Crispy Rice  
 Frosted MiniSpooners\*

#### Sunbelt Bakery

Simple Granola\*

#### Post

Bran Flakes (*Plain*)\*  
 Grape Nuts (*Plain Flakes, Plain Original*)\*  
 Great Grains Banana Nut\*  
 Honey Bunches of Oats (*Almond, Almond Crunch\*, Cinnamon, Honey Crunch\*, Honey Roasted, Pecan & Maple Brown Sugar, Vanilla\**)

#### Quaker

Life (*Plain*)\*  
 Oatmeal Squares (*Brown Sugar, Cinnamon*)\*

#### Store brands of the

**following types:**  
 Bran Flakes, Corn Flakes (*Plain*), Crisp or Crispy Rice (*Plain*), Frosted Shredded Wheat (*Plain Frosting only*), Tasteo's or Toasted Oats (*Plain*)

#### Store brands

Always Save  
 Best Choice  
 Centrella  
 Clear Value  
 Essential Everyday  
 Food Club  
 Great Value  
 Hytop  
 Hy-Vee  
 IGA  
 Kiggins  
 Kroger  
 Market Pantry  
 Meijer  
 Our Family  
 Red & White  
 Shoppers Value  
 Shurfine  
 That's Smart

CACFP  
 Reference  
 Guide

WIC  
 Approved  
 Cereals

\*Whole grain rich (WGR)

The first way is to use the WIC-Approved Cereal list. Like the CACFP, all WIC-approved breakfast cereals must contain no more than 6 grams of sugar per ounce. Therefore, if you choose a cereal from any approved WIC list, it meets the sugar limit requirements. The *CACFP Reference Guide* includes a list of Wisconsin WIC Approved Cereals that are creditable in the CACFP.

# Store Brands

## WI WIC Approved Cereals

Cereals on any state's WIC list meet the CACFP sugar limit. Cereals are whole grain rich (WGR) if the first grain ingredient is a whole grain and the cereal is fortified.

### Cold Cereal

#### General Mills

Cheerios (MultiGrain, Plain)\*  
 Chex (Blueberry, Cinnamon, Corn, Rice, Vanilla, Wheat)\*  
 Kix (Berry Berry, Honey, Regular)\*  
 Total\*  
 Wheaties\*

#### Kellogg's

Corn Flakes (Plain)  
 Crispix (Plain)  
 Mini Wheats (Little Bites, Original, Touch of Fruit Raspberry)\*  
 Rice Krispies (Plain)  
 Special K (Plain)

#### Malt-O-Meal

Crispy Rice  
 Frosted MiniSpoons\*

#### Sunbelt Bakery

Simple Granola\*

#### Post

Bran Flakes (Plain)\*  
 Grape Nuts (Plain Flakes, Plain Original)\*  
 Great Grains Banana Nut\*  
 Honey Bunches of Oats (Almond, Almond Crunch\*, Cinnamon, Honey Crunch\*, Honey Roasted, Pecan & Maple Brown Sugar, Vanilla\*)

#### Quaker

Life (Plain)\*  
 Oatmeal Squares (Brown Sugar, Cinnamon)\*

#### Store brands of the following types:

Bran Flakes, Corn Flakes (Plain), Crisp or Crispy Rice (Plain), Frosted Shredded Wheat (Plain Frosting only), Tostitos or Toasted Oats (Plain)

#### Store brands



Always Save  
 Best Choice  
 Centrella  
 Clear Value  
 Essential Everyday  
 Food Club  
 Great Value  
 Hytop  
 Hy-Vee  
 IGA  
 Kiggins  
 Kroger  
 Market Pantry  
 Meijer  
 Our Family  
 Red & White  
 Shoppers Value  
 Shurfine  
 That's Smart

\*Whole grain rich (WGR)



The list includes creditable cereals by name brand and store-brand. In the green box, there is a list of the Store brands, and in the purple box, there are different types of cereals listed (for example, bran flakes, corn flakes, crispy rice, etc.). If the store brand and the type of cereal are listed on the WIC list, the cereal is creditable.

For example, in the *Store Brands* column in the green box, you see that Great Value is listed. Then under the *Store Brands of the Following Types* section in the purple box, you see that plain corn flakes are listed, so Great Value Corn Flakes meet the sugar limits and are creditable.

**Sugar Limits**

**Cereal**  
 No more than 6 grams of sugar per dry ounce (dry ounce = 28.35 grams). Cereals must be whole grain, enriched, or fortified.

$$\frac{\text{Sugars (g)}}{\text{Serving size (g)}} \leq 0.212$$

| Serving size | Sugar limit |
|--------------|-------------|
| 0-2 g        | 0 g         |
| 3-7 g        | 1 g         |
| 8-11 g       | 2 g         |
| 12-16 g      | 3 g         |
| 17-21 g      | 4 g         |
| 22-25 g      | 5 g         |
| 26-30 g      | 6 g         |
| 31-35 g      | 7 g         |
| 36-40 g      | 8 g         |
| 41-44 g      | 9 g         |
| 45-49 g      | 10 g        |
| 50-54 g      | 11 g        |
| 55-58 g      | 12 g        |
| 59-63 g      | 13 g        |
| 64-68 g      | 14 g        |
| 69-73 g      | 15 g        |
| 74-77 g      | 16 g        |
| 78-82 g      | 17 g        |
| 83-87 g      | 18 g        |
| 88-91 g      | 19 g        |
| 92-96 g      | 20 g        |
| 97-100 g     | 21 g        |

# Sugar Limits Chart

## Breakfast Cereals

The next way to determine if a breakfast cereal meets the sugar limit requirement is to use the cereal’s product label and the sugar limits chart in the *CACFP Reference Guide*.

**Nutrition Facts**  
About 7 servings per container

**Serving size 1 Cup (40g)**

Amount per serving  
**Calories 150**

|                               | % Daily Value* |
|-------------------------------|----------------|
| <b>Total Fat</b> 1g           | 1%             |
| Saturated Fat 0g              | 0%             |
| Trans Fat 0g                  |                |
| Polyunsaturated Fat 0g        |                |
| Monounsaturated Fat 0g        |                |
| <b>Cholesterol</b> 0mg        | 0%             |
| <b>Sodium</b> 105mg           | 5%             |
| <b>Total Carbohydrate</b> 34g | 12%            |
| Dietary Fiber 3g              | 11%            |
| Soluble Fiber 2g              |                |
| Insoluble Fiber 1g            |                |
| <b>Total Sugars</b> 7g        |                |
| Incl. 7g Added Sugars         | 14%            |
| <b>Protein</b> 3g             |                |

## Sugar Limits Chart

Serving Size = 40 g

Total Sugars = 7 g

7g < 8 g

Creditable

### Sugar Limits

Cereal

| Serving size | Sugar limit |
|--------------|-------------|
| 0-2 g        | 0 g         |
| 3-7 g        | 1 g         |
| 8-11 g       | 2 g         |
| 12-16 g      | 3 g         |
| 17-21 g      | 4 g         |
| 22-25 g      | 5 g         |
| 26-30 g      | 6 g         |
| 31-35 g      | 7 g         |
| 36-40 g      | 8 g         |
| 41-44 g      | 9 g         |

Let's go over how to use the Sugar Limits chart.

Look at the Nutrition Facts label on the cereal and find the *Serving Size* in grams (red box). In this example, the Serving Size is 40 grams.

Then go to the Sugar Limits Chart, find the Serving Size column and follow that column down to the number range that includes the serving size you're looking for. In this example, the range is 36-40 g.

Now, go back to the Nutrition Facts label and find the *Total Sugars* line (under *Total Carbohydrate*) – green box. In this example, the Total Sugars for this cereal is 7g.

Then in the Sugar Limits Chart, look at the number under the "Sugar Limit" column to the right of the Serving Size range that was chosen.

If the cereal has that amount of sugar, or less, the cereal meets the sugar limit and the cereal is creditable. In our example, our cereal has 7 grams of sugar, which is less than the limit of 8 grams, so this cereal meets the sugar limits and is creditable.



# Yogurt



## **Creditable:**

Tube, Pouch, Individual Container, Large container

## **Not creditable:**

Drinkable Yogurt (Danimals®)

No more than  
23 grams of  
sugar per 6 oz

Now, let's switch our focus to yogurt. Creditable yogurt includes yogurt in a pouch, tube, individual or large container.

Drinkable yogurts are not creditable as they do not meet the standard of identity for yogurt.

Also, for yogurt to be creditable, it must meet a sugar limit of no more than 23 grams of sugar per 6 ounces. It is important to note that, unlike cereals, not all WIC-approved yogurts meet CACFP sugar requirements; therefore, you cannot use WIC as a source for finding creditable yogurt items.

# Yogurt Sugar Limits Chart



## Sugar Limits

### Yogurt

No more than 23 grams of sugar per 6 ounces.

Sugars (g)  $\leq$  0.135  $\frac{\text{Sugars (g)}}{\text{Serving size (g)}}$  Sugars (g)  $\leq$  3.83  $\frac{\text{Sugars (g)}}{\text{Serving size (oz)}}$

| Serving size |         | Sugar limit |
|--------------|---------|-------------|
| 28 g         | 1 oz    | 4 g         |
| 35 g         | 1.25 oz | 5 g         |
| 43 g         | 1.5 oz  | 6 g         |
| 50 g         | 1.75 oz | 7 g         |
| 57 g         | 2 oz    | 8 g         |
| 64 g         | 2.25 oz | 9 g         |
| 71 g         | 2.5 oz  | 10 g        |
| 78 g         | 2.75 oz | 11 g        |
| 85 g         | 3 oz    | 11 g        |
| 92 g         | 3.25 oz | 12 g        |
| 99 g         | 3.5 oz  | 13 g        |
| 106 g        | 3.75 oz | 14 g        |
| 113 g        | 4 oz    | 15 g        |
| 120 g        | 4.25 oz | 16 g        |
| 128 g        | 4.5 oz  | 17 g        |
| 135 g        | 4.75 oz | 18 g        |
| 142 g        | 5 oz    | 19 g        |
| 149 g        | 5.25 oz | 20 g        |
| 150 g        | 5.3 oz  | 20 g        |
| 156 g        | 5.5 oz  | 21 g        |
| 163 g        | 5.75 oz | 22 g        |
| 170 g        | 6 oz    | 23 g        |
| 177 g        | 6.25 oz | 24 g        |
| 184 g        | 6.5 oz  | 25 g        |

To determine if yogurt meets CACFP sugar limits, use the yogurt's product label and the Yogurt Sugar Limits Chart in the *CACFP Reference Guide*. This process is similar to how we determined if cereals meet sugar limits. One difference is that the Serving Sizes section in the yogurt chart has 2 columns, one for ounces and one for grams, so you will use the column that applies to the yogurt package you are serving.

## Yogurt Example

**Nutrition Facts**  
 Serving Size 6 oz (170g)  
 Servings Per Container 1  
**Amount Per Serving**  
**Calories** 140  
**Total Fat** 0g **0%**  
   Saturated Fat 0g **0%**  
   Trans Fat 0g  
**Cholesterol** 0mg **0%**  
**Potassium** 0mg **0%**  
**Sodium** 65mg **3%**  
**Total Carbohydrate** 22g **7%**  
   Dietary Fiber 1g **4%**  
   **Sugars 19g**  
**Protein** 14g **28%**

Serving Size = 6 oz (170g)

Total Sugars = 19 g

19g < 23 g

Creditable

| Sugar Limits                                 |             |      |
|--|-------------|------|
| Yogurt                                       |             |      |
| No more than 23 grams of sugar per 6 ounces. |             |      |
| Serving size                                 | Sugar limit |      |
| 28 g   | 1 oz        | 4 g  |
| 35 g   | 1.25 oz     | 5 g  |
| 43 g   | 1.5 oz      | 6 g  |
| 50 g   | 1.75 oz     | 7 g  |
| 57 g   | 2 oz        | 8 g  |
| 64 g   | 2.25 oz     | 9 g  |
| 71 g   | 2.5 oz      | 10 g |
| 78 g   | 2.75 oz     | 11 g |
| 85 g   | 3 oz        | 11 g |
| 92 g   | 3.25 oz     | 12 g |
| 99 g   | 3.5 oz      | 13 g |
| 106 g  | 3.75 oz     | 14 g |
| 113 g  | 4 oz        | 15 g |
| 120 g  | 4.25 oz     | 16 g |
| 128 g  | 4.5 oz      | 17 g |
| 135 g  | 4.75 oz     | 18 g |
| 142 g  | 5 oz        | 19 g |
| 149 g  | 5.25 oz     | 20 g |
| 150 g  | 5.3 oz      | 20 g |
| 156 g  | 5.5 oz      | 21 g |
| 163 g  | 5.75 oz     | 22 g |
| 170 g  | 6 oz        | 23 g |
| 177 g  | 6.25 oz     | 24 g |

Let's go through an example using the Yogurt Sugar Limits chart, to determine if this yogurt is creditable for the CACFP.

Look at the Nutrition Facts label on the yogurt and find the *Serving Size*. In this example, the Serving Size is listed as 6 ounces or 170 grams.

Then go to the Sugar Limits Chart, find the Serving Size column and follow that column down to the serving sizes you're looking for.

Now, go back to the Nutrition Facts label and find the *Sugars* line. In this example, the Total Sugars for this yogurt is 19g.

Then in the Sugar Limits Chart, look at the number under the "Sugar Limit" column to the right of the Serving Size column – shown in the green box. If the yogurt has that amount of sugar, or less, the yogurt meets the sugar limit and is creditable.

In our example, our yogurt has 19 grams of sugar, which is less than the limit of 23 grams, so this yogurt meets the sugar limits and is creditable.



### WI WIC Approved Cereals

Cereals on any state's WIC list meet the CACFP sugar limit. Cereals are whole grain rich (WGR) if the first grain ingredient is a whole grain and the cereal is fortified.

**Cold Cereal**

|   |   |  |
|---|---|--|
| <b>General Mills</b><br>Cheerios (MultiGrain, Plain)*<br>Chex (Blueberry, Cinnamon, Corn, Rice, Vanilla, Wheat)*<br>Kix (Berry Berry, Honey, Regular)*<br>Total*<br>Wheaties*<br>Kellogg's<br>Corn Flakes (Plain)<br>Crispix (Plain)<br>Mini Wheats (Little Bites, Original, Touch of Fruit Raspberry)*<br>Rice Krispies (Plain)<br>Special K (Plain)<br>Hill-O-Meal<br>Crispy Rice<br>Frosted MiniSpoons*<br>Sunbelt Bakers<br>Simple Granola* | <b>Post</b><br>Bran Flakes (Plain)*<br>Grape Nuts (Plain Flakes, Plain Original)*<br>Great Grains Banana Nut*<br>Honey Bunches of Oats (Almond, Almond Crunch*, Cinnamon, Honey Crunch*, Honey Roasted, Pecan & Maple Brown Sugar, Vanilla)*<br><b>Quaker</b><br>Life (Plain)*<br>Oatmeal Squares (Brown Sugar, Cinnamon)*<br><b>Store brands of the following types:</b><br>Bran Flakes, Corn Flakes (Plain), Crisp or Crispy Rice (Plain), Frosted Shredded Wheat (Plain Frosting only), Toasted Oats | <b>Store brands</b><br>Always Save<br>Best Choice<br>Centella<br>Clear Value<br>Essential Everyday<br>Food Club<br>Great Value<br>Hytap<br>Hy-Vee<br>IGA<br>Kiggins<br>Kroger<br>Market Pantry<br>Meijer<br>Our Family<br>Red & White<br>Shoppers Value<br>Sturline<br>nat's smart |
|---|---|--|

### Sugar Limits

**Cereal**  
No more than 6 grams of sugar per dry ounce (dry ounce = 28.35 grams).  
Cereals must be whole grain, enriched, or fortified.

| Sugars (g) | Serving size (g) | Sugar limit |
|------------|------------------|-------------|
| < = 0.212  |                  |             |
| 0-2 g      |                  | 0 g         |
| 3-7 g      |                  | 1 g         |
| 8-11 g     |                  | 2 g         |
| 12-16 g    |                  | 3 g         |
| 17-21 g    |                  | 4 g         |
| 22-25 g    |                  | 5 g         |
| 26-30 g    |                  | 6 g         |
| 31-35 g    |                  | 7 g         |
| 36-40 g    |                  | 8 g         |
| 41-44 g    |                  | 9 g         |
| 45-49 g    |                  | 10 g        |
| 50-54 g    |                  | 11 g        |

**Yogurt**  
No more than 23 grams of sugar per 6 ounces.

| Sugars (g) | Serving size (g) | Sugars (g) | Serving size (oz) | Sugar limit |
|------------|------------------|------------|-------------------|-------------|
| < = 0.135  |                  | < = 3.83   |                   |             |
| 28 g       | 1 oz             |            |                   | 4 g         |
| 35 g       | 1.25 oz          |            |                   | 5 g         |
| 43 g       | 1.5 oz           |            |                   | 6 g         |
| 50 g       | 1.75 oz          |            |                   | 7 g         |
| 57 g       | 2 oz             |            |                   | 8 g         |
| 64 g       | 2.25 oz          |            |                   | 9 g         |
| 71 g       | 2.5 oz           |            |                   | 10 g        |
| 78 g       | 2.75 oz          |            |                   | 11 g        |
| 85 g       | 3 oz             |            |                   | 11 g        |
| 92 g       | 3.25 oz          |            |                   | 12 g        |
| 99 g       | 3.5 oz           |            |                   | 13 g        |
| 106 g      | 3.75 oz          |            |                   | 14 g        |
| 113 g      | 4 oz             |            |                   | 15 g        |
| 120 g      | 4.25 oz          |            |                   | 16 g        |
| 128 g      | 4.5 oz           |            |                   | 17 g        |

## Take picture of WIC Cereals List & Sugar Limits Charts to bring to store

We recommend you bring a copy of the *CACFP Reference Guide* to the store with you or take a picture on your phone of the WIC Approved Cereals list and the Sugar Limits charts for Cereal and Yogurt, so you can reference them when at the store to make sure that what you buy is creditable.

# Store-Bought Combination Foods



Fish Sticks

Chicken nuggets

Salisbury Steak

Mini corn dogs

Pizza

Meatballs

Ravioli

The last topic I'm going to cover today is store-bought combination foods. These are processed foods that contain two or more components, usually the meat/meat alternate and grain components. Some examples are fish sticks, chicken nuggets, and pizza. There are also combination foods such as meatballs, frozen hamburger patties, and Salisbury steak that may contain non-creditable ingredients such as binders and extenders.

To serve these products in the CACFP, your program must have additional documentation on file that credits the items to the CACFP meal pattern.

# Store-Bought Combination Foods

## Required Documentation

Child Nutrition (CN) Label  
**OR**  
Production Formulation Statement (PFS)

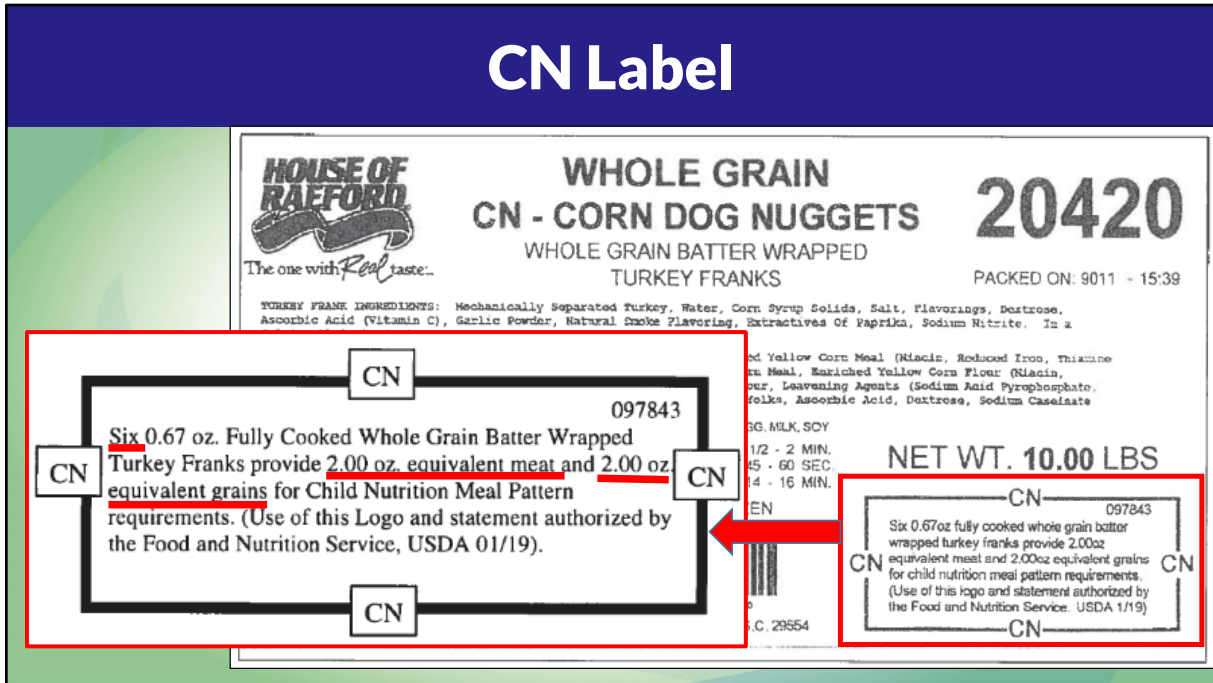
On file **PRIOR** to serving item  
On file for vended meals

The required documentation that must be on file to serve store-bought combination foods is either a Child Nutrition or CN Label or a Product Formulation Statement or PFS.

The CN label or PFS for each combination food must be obtained PRIOR to serving the item as part of a CACFP reimbursable meal. This includes programs that receive vended meals; the vendor must supply the site with copies of CN labels or PFS. If you do not have a CN label or PFS, the item is not creditable and cannot be served to meet component requirements in the meal.

Now, let's go through how to use the CN label or PFS to determine how much to serve to the participants.

# CN Label



Here is a label from a box of corn dog nuggets. The part in the red box is a CN label. This part tells us a serving amount and how much of each component is in each serving. In this example, the CN label tells us that 6 mini corn dogs provide 2 oz equivalent of meat and 2 oz eq of grains. We'll go through how to use this information later.

You will find CN labels on the product's package, and most often these will only be found on foods purchased through a large food distributor such as Sysco, US foods, and Reinhardt. You may be able to obtain CN label information from your food distributor representative.

Costco and Sam's Club may have a few items that contain a CN label, but those are less common.

Items purchased in grocery stores generally do not include a CN label.

# Product Formulation Statement (PFS)

**Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products**

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: Farm Rich Pizza Crunchers Product No.: 65225

Manufacturer: Rich Products Corporation\_Case/Pack/Count/Portion/Size: 8/3.125 lbs; 72 servings; 4 sticks

**I. Meat/Meat Alternate**  
Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

| Description of Creditable Ingredient               | Ounces per Raw Portion of Creditable Ingredient | Multiply | FBG Yield/ Servings Per Unit | Creditable Amount * |
|--|---|----------|------------------------------|---------------------|
| Cheese, Mozzarella                                 | 2.02  | X        | 100%                         | 2.02                |
|  |   | X        |                              |                     |
|  |   | X        |                              |                     |
| <b>A. Total Creditable M/MA Amount<sup>1</sup></b> |   |          |                              | <b>2.00</b>         |

\*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Total weight (per portion) of product as purchased 5.48 oz

Total creditable amount of product (per portion) 2.00 oz  
(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

*Penny Hennessy*  
Signature \_\_\_\_\_  
Penny Hennessy 16 February 2017 912-638-5000  
Printed Name Date Phone Number

Manager, QA & Regulatory Affairs  
Title

**Formulation Statement for Documenting Grains in School Meals**  
Required Beginning SY 2013-014  
Crediting Standards Based on Grams of Creditable Grains

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Farm Rich Pizza Crunchers Code No.: 65225

Manufacturer: Rich Products Corporation Serving Size: 5.48 oz (4 sticks)  
(raw dough weight may be used to calculate creditable grain amount)

**I. Does the product meet the Whole Grain-Rich Criteria:** Yes  No   
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains:** Yes  No  How many grams: 0.88  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:** Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTC breakfast cereals). Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.

Indicate to which Exhibit A Group (A-I) the Product Belongs: **A & B**

| Description of Creditable Grain Ingredient* | Grams of Creditable Grain Ingredient per Portion |    | Creditable Amount |
|---|--|----|-------------------|
|   | A  | B  |                   |
| Whole wheat flour                           | 32.14  | 16 | 2.00              |
| Enriched wheat flour                        | 11.06  | 16 | 0.69              |
| <b>Total Creditable Amount<sup>2</sup></b>  |  |    | <b>2.69</b>       |

<sup>1</sup>Creditable grains are whole grain meal/flour and enriched meal/flour.  
<sup>2</sup>(Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.  
<sup>3</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.  
<sup>4</sup>Total Creditable Amount must be rounded down to the nearest ounce (125) oz eq. Do not round up.

Total weight (per portion) of product as purchased 5.48 oz  
Total contribution of product (per portion) 2.50 oz equivalent



I certify that the above information is true and correct and that a 5.48 ounce portion of this product (ready for serving) provides 2.5 oz equivalent grains. I further certify that non-creditable grains are not above 0.24 oz eq per

If the item you purchase does not have a CN label, you may contact the manufacturer to ask if the item has a Product Formulation Statement. This provides the same information that a CN label does.

Many Product Formulation Statements have multiple pages as in the example on the screen. The first page provides information on how the item contributes to the meat/meat alternate component, and the second page provides information on how the item contributes to the Grains component.



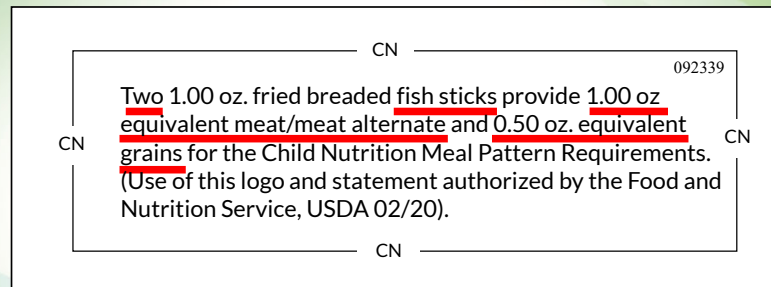
# Product Formulation Statement (PFS)

| Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products   |  | Formulation Statement for Documenting Grains in School Meals  |  |
|--|--|---|--|
| <b>BID SPECIFICATION</b>   |  |   |  |
| <b>Product Name:</b> FARM RICH® PIZZA CRUNCHERS<br><b>Product Code:</b> 65225  | <b>Serving Size:</b> 4 PIECES (5.48 oz.)<br><b>Case Count:</b> 8/3.125 lb. <b>Case Wt:</b> 25 lbs.<br><b>Servings / case:</b> 73<br><b>Case Cube (ft):</b> |    |  |
| <b>Grain Serving Based on Flour Content</b>  |  | <b>Meat/Meat Alternate Based on Weight (Oz.)</b>  |  |
| <b>Grain Serving</b><br><b>Food Based Menu Credits:</b> 2.5 oz. equivalent grains  |  | <b>Food Based Serving Credits:</b> 2.00 oz. meat alternate  |  |
| <b>72.9% whole grain</b><br>Whole Grains: 32.0 g<br>Enriched Flour: 11 g<br>Based on 16 grams Flour = 1 oz. eq.    USDA Memo SP 30-2012 dated 4/26/12<br><b>Non-creditable grains = 0.88 grams</b> | <b>Reference used to determine MMA servings:</b>   | <b>USDA FOOD BUYING GUIDE</b><br>(Meat/Meat Alternates Section)<br><b>Cheese:</b> 1 oz = 28 gm or 1.0 oz.    1/2 oz = 14 gm or 0.5 oz.<br>3/4 oz. = 21 gm or 0.75 oz    1/4 oz = 7 gm or 0.25 oz.   |  |
| Signature: <br>Penny Hennessy<br>Printed Name   |  | <b>Total Creditable Amount<sup>1</sup></b> 2.50<br><small> <sup>1</sup>Creditable grains are whole grain meal/flour and enriched meal/flour.<br/> <sup>2</sup>(Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.<br/> <sup>3</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.<br/> <sup>4</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.<br/>           Total weight (per portion) of product as purchased 5.48 oz.<br/>           Total contribution of product (per portion) 2.50 oz equivalent<br/>           I certify that the above information is true and correct and that a 5.48 ounce portion of this product (ready for serving) provides 2.5 oz equivalent grains. I further certify that non-creditable grains are not above 0.24 oz eq per         </small> |  |
| Title: Manager, QA & Regulatory Affairs<br>Date: 16 February 2017    Phone Number: 912-638-5000  |  |   |  |

Finally, there may be a summary page with information for both the m/ma and grain portions. This one tells us that a serving size of 4 pizza crunchers provides 2.5 oz eq grains and 2 oz of meat alternate.

As you can see, the PFS provides the same information that the CN label did. When a PFS has multiple pages, as in this example, keep all pages on file.

## CN Label Example



**How many fish sticks to serve to each participant at lunch?**

So, once you get the CN label or PFS on file, that's all you have to do, right?

Not exactly. Obtaining the proper label is only the first step. These labels provide important serving size information that you need to use to determine how many pieces to serve to each participant. So, let's go through an example.

This CN label is for fish sticks. The CN label states that 2 fish sticks provide 1 oz of meat/meat alternate and 0.5 oz equivalent of grain.

So, How many fish sticks must you serve to each participant at lunch?

## CN Label Example

|  | 1-2 Year Olds | 3-5 Year Olds | 6-18 Year Olds<br>Adult Participants<br>ADC Component |
|--|---------------|---------------|---|
| Meal Pattern Serving<br>Size Requirement | 1 oz M/MA     | 1.5 oz M/MA   | 2 oz M/MA   |
| Number of<br>Fish Sticks                 | 2             | 3             | 4   |

CN

092339

Two 1.00 oz. fried breaded fish sticks provide 1.00 oz equivalent meat/meat alternate and 0.50 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 02/20).

CN

To help determine that, you need to use the serving sizes in the CACFP meal pattern. Per the meal pattern, at lunch and supper, 1–2-year-olds require 1 oz of meat/meat alternate. Therefore, based on the information in the CN label (2 fish sticks provide 1 oz eq of meat/meat alternate), you must serve each 1–2-year-old 2 fish sticks.

3–5-year-olds require 1 ½ oz of meat/meat alternate, therefore, you must serve each 3–5-year-old 3 fish sticks to provide 1 ½ oz m/ma.

Finally, 6–18-year-olds and adult participants in the adult day care component require 2 oz of meat/meat alternate, therefore, you must serve each 4 fish sticks to provide 2 oz m/ma.

With serving these amounts, this also meets the Grains requirement for each age group. When using a PFS, you follow the same process to determine how much to serve to each participant in each age group.

## Nutrition Facts Labels & Ingredients Lists

**≠**

### NOT CN Labels

## CN Label & PFS Key Points

Now let's go over some important points about CN labels and Product Formulation Statements.

First, the nutrition facts label and ingredients list of an item does not count as a CN label or PFS. These do not provide the information needed to credit the item to the CACFP, nor do they provide the amounts to serve to each participant.

## CN Label & PFS Key Points

A CN label or PFS for one brand does not apply to another brand



Costco Chicken Nuggets



Grocery Store Chicken Nuggets

Second, a CN label for one brand or type of item does not apply to another brand or item. For example: If you buy Tyson chicken nuggets at Costco with a CN label and then later purchase Tyson chicken nuggets, without a CN label, at the grocery store, the CN label from the product purchased at Costco cannot be used to credit the product purchased at the grocery store. Similarly, a PFS for one item cannot be used to credit a different item.

## CN Label & PFS Key Points

### No CN label or PFS

- ⊗ Not creditable
- ⊗ Do not serve
- ⊗ Cannot be paid with CACFP reimbursement
- ⊗ Purchase different item

Lastly, not all store-bought combination food items will have a CN label or PFS. If you cannot obtain a CN label or PFS for a specific item, it cannot be served as a creditable component in the CACFP and cannot be paid for with CACFP reimbursement. You will need to shop for a different item that has a CN label or PFS or find an item that does not require one (for example, an item that is not a combination food).

# Crediting Store-Bought Combination Foods

## GM 12: Meat/Meat Alternate Section

[www.Crediting Store-Bought Combination Foods](http://www.Crediting Store-Bought Combination Foods)

**Crediting Store-Bought Combination Foods** CACFP

Store-bought combination foods can only be credited to the CACFP Meal Pattern when the amount of each component (i.e. meat, grain, etc.) in the item is known and one of the two required documents listed below is on file.

**Required Documentation:**

**Child Nutrition (CN) Label**

CN

Four 10-oz. soft nuggets with vegetable protein product provides 2.0 oz. equivalent meat/meat alternate and 1.0 oz. equivalent grains to child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorizes the Food and Nutrition Service, USDA, to file.)

CN

**Product Formulation Statement (PFS)**

Product Name: Chicken Nuggets  
 Manufacturer: [Redacted]  
 Date: [Redacted]

Ingredients: [Redacted]

Amount of 3 chicken tenders provides 2 ounces of meat/meat alternate.

**What if a CN Label or PFS is not on file?**

- Do not serve the food item(s).
- Obtain the CN Label or PFS prior to serving, or find another item that has a CN Label or PFS.
- Do not claim meals with store-bought combination foods that do not have CN Label or PFS.

**NOT Acceptable Documentation**  
Nutrition Facts Label / Ingredient List

**Use information from CN Label or PFS to determine how much of the item to serve to each participant.**

**Example**

Compare information from the CN label to the meal pattern minimum requirements to determine how much to serve to each participant.

Five 0.64 oz. fully cooked whole grain chunk-shaped chicken pattie fritters provide **2.00 oz. equivalent meat/meat alternate** and **1.00 oz. equivalent grains** for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 02/15).

| Ages         | Meal Pattern Requirements | CN Label Info                  | Amounts to Serve |
|--------------|---------------------------|--------------------------------|------------------|
| 1-2 year old | 1 oz M/MA                 | 5 chicken fritters = 2 oz M/MA | 3 fritters       |
| 3-5 year old | 1.5 oz M/MA               |                                | 4 fritters       |
| 6 & Older    | 2 oz M/MA                 |                                | 5 fritters       |

**Crediting to the Grains Component**

- CN Label: The CN Label will state "oz. equivalent grains" when the item is whole grain rich, and "bread" or "bread alternate" when the item is not whole grain rich.
- PFS: The PFS will indicate if the item is whole grain rich.

**Programs must prepare enough to ensure that each participant gets the minimum required amount.**

The DPI has a resource called *Crediting Store-Bought Combination Foods*. It summarizes the requirements of CN labels and Product Formulation Statements and provides an example of how to use a CN label. This handout can be found under GM 12 in the Meat/Meat Alternate section.

# Support Documentation

Keep package or picture

## Cereal & Yogurt



- Brand and Name of Item
- Nutrition Facts Label

To verify foods are creditable, you must keep support documentation on file.

For cereals and yogurt, this includes the actual package, or a picture or copy of the package, that includes the brand and name of the item and Nutrition Facts Label. However, if you purchase a cereal on the WIC list, you do not have to keep the label.

For CN labels, you must keep the full label which includes the product's brand name and CN label box (like the label shown on the slide). If you cut out just the CN label part, it will not include the brand name.

For Product Formulation Statements, you must keep all pages that provide crediting information.

For agencies who get their meals from a vendor, the vendor must supply the site with copies of all cereal, yogurt, and CN labels or Product Formulation Statements. It is still the agency's responsibility to ensure that all foods provided by the vendor meet requirements. You cannot assume that foods provided by a vendor always meet CACFP requirements. In fact, we've seen examples where the vendor sends items that do not meet CACFP requirements, such as cereals over the sugar limit or combination items with no CN label. So, as a program participating on the CACFP, you are ultimately responsible to make sure all foods are creditable.



# Support Documentation



LEGIBLE



BINDER OR FILE  
OF LABELS



CURRENT

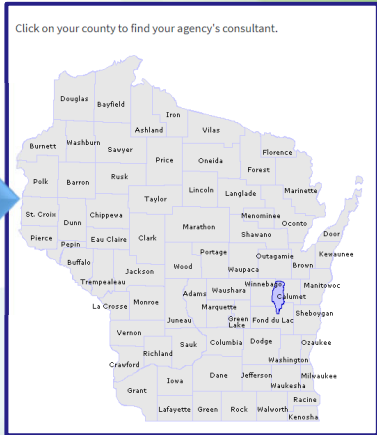
If you make a copy of the label, make sure all parts are readable (not blurry, cut off, or too dark to read).

Keep all labels in a binder or file folder, and only keep labels that you currently use in the binder. You can file old labels in another file.

Family Day Care Home providers should contact their sponsor with any questions about product support documentation requirements.

# Questions?

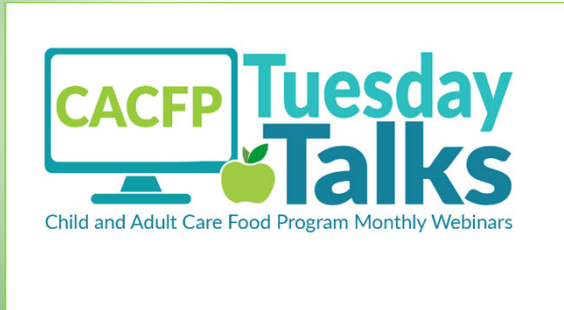
**Consultants by  
County**



 [Consultants by County](#)

If you have questions about information in today's Tuesday Talks, or the CACFP in general, please reach out to your assigned consultant. You can find your agency's consultant at the *Consultants by County* link on this slide. Home providers, please contact your home sponsor with questions.

## Next CACFP Tuesday Talks



Menu Planning

July 20th

2:00 – 2:30 p.m.

Our next Tuesday Talks is scheduled for July 20th from 2:00 – 2:30 and will be on Menu Planning.

# Non-Discrimination Statement (NDS)

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- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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