

Name of Program

Thov Ua Kev Zoo Siab Rau Hnub Yug

Kuv xav tuaj ua kev zoo siab rau kuv tus me nyuam hnub yug. Cov dej num yuav muab npaj nrog tus kws qhia ntawv. Kuv to taub tias kuv yuav ua tau ib ntawm cov hauj lwm teev hauv qab no: (thov kos rau tag nrho cov yuav ua).

- Yuav ib phau ntawv rau qhov chaw
 - Tuaj koom rau ib txoj dej num los yog ib pluag noj
 - Nqa khoom noj raws li cov muaj npe teev los ntawm qhov chaw
- _____
- Nqa cov tsis yog khoom noj rau tag nrho cov me nyuam (saib npe teev)
- _____

Hnub no yog hnub tim: _____

Me Nyuam Npe: _____

Me Nyuam Chav Kawm: _____

Hnub ua lub koob tsheej zoo siab: _____

Sij hawm: _____

Thov muab xa yam tsawg kawg 2 **hnub** ua ntej.

Va Tsauq!

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