

# Daily Point-of-Service Count      Types of fluid milk

Month: \_\_\_\_\_

Milk Type: \_\_\_\_\_

- Children 1 year old. Children one year of age must be served unflavored whole milk.
- Children 2 through 5 years old. Children two through five years old must be served either unflavored low-fat (1 percent) or unflavored fat-free (skim) milk
- Children 6 years old and older. Children six years old and older must be served unflavored low-fat (1 percent) or flavored or unflavored fat-free (skim) milk.

Day	Breakfast		Lunch		Snack		Dinner		Totals	
	½ pints served to children	½ pints served to adults	½ pints served to children	½ pints served to adults	½ pints served to children	½ pints served to adults	½ pints served to children	½ pints served to adults	½ pints served to children	½ pints served to adults
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<b>Totals:</b>										

**Unit of Milk Conversion Factor:**

8 ounces equals a ½ pint

One quart equals 4 ½ pints

One ½ gallon equals 8 ½ pints

One gallon equals 16 ½ pints