



## Production Record - Adult Care Component

### Weekly (Breakfast, Lunch/Supper, Snack)

Lunch/Supper		Week of:		Preparer:		
Projected Participants		Component	Foods to be Served	Amounts Required	Amounts to be Prepared	Comments <sup>3</sup>
<b>Monday</b>		M/MA				<input type="checkbox"/> CN Label
Eligible Adults		Vegetable				
		Fruit or Veg				
Ineligible Adults		Grains				
		1%/Skim <sup>1, 2</sup>				
<b>Tuesday</b>		M/MA				<input type="checkbox"/> CN Label
Eligible Adults		Vegetable				
		Fruit or Veg				
Ineligible Adults		Grains				
		1%/Skim <sup>1, 2</sup>				
<b>Wednesday</b>		M/MA				<input type="checkbox"/> CN Label
Eligible Adults		Vegetable				
		Fruit or Veg				
Ineligible Adults		Grains				
		1%/Skim <sup>1, 2</sup>				
<b>Thursday</b>		M/MA				<input type="checkbox"/> CN Label
Eligible Adults		Vegetable				
		Fruit or Veg				
Ineligible Adults		Grains				
		1%/Skim <sup>1, 2</sup>				
<b>Friday</b>		M/MA				<input type="checkbox"/> CN Label
Eligible Adults		Vegetable				
		Fruit or Veg				
Ineligible Adults		Grains				
		1%/Skim <sup>1, 2</sup>				

**Amounts Required:** Total minimum amount of food required to be served, based on meal pattern serving size requirements and number of participants. May use the [Meal Requirements Calculator](#) to determine amounts.

**Amounts to be Prepared:** Total amount of each food item that will actually be prepared in order to provide the minimum amount of each food as indicated in *Amounts Required* Column. May use the [Food Buying Guide Calculator](#) to determine amounts. When recording amounts include pack size units, i.e. can size, pounds, ounces, and gallons.

<sup>1</sup> Milk is optional for supper.

<sup>2</sup> 6 ounces or ¾ cup yogurt may replace milk once per day when not served as the MA at the same meal.

<sup>3</sup> Check box if using a CN labeled product. <sup>4</sup> M/MA may be served in place of the entire grain a maximum of 3 times/week.

## Breakfast and Snack

Week of:	Preparer:
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Breakfast						Snack					
Projected Participants	Breakfast Component	Foods to be Served	Amounts Required	Amounts to be Prepared	Comments <sup>3</sup>	Projected Participants	Snack Component	Foods to be Served (2 of 5)	Amounts Required	Amounts to be Prepared	Comments <sup>3</sup>
<b>Monday</b>		M/MA <sup>4</sup>			<input type="checkbox"/> CN Label	<b>Monday</b>		M/MA			<input type="checkbox"/> CN Label
Eligible Adults	F/V			Eligible Adults		Vegetable					
	Grains					Fruit					
Ineligible Adults	1%/Skim <sup>1, 2</sup>			Ineligible Adults		Grains					
							1%/Skim <sup>1, 2</sup>				
<b>Tuesday</b>		M/MA <sup>4</sup>			<input type="checkbox"/> CN Label	<b>Tuesday</b>		M/MA			<input type="checkbox"/> CN Label
Eligible Adults	F/V			Eligible Adults		Vegetable					
	Grains					Fruit					
Ineligible Adults	1%/Skim <sup>1, 2</sup>			Ineligible Adults		Grains					
							1%/Skim <sup>1, 2</sup>				
<b>Wednesday</b>		M/MA <sup>4</sup>			<input type="checkbox"/> CN Label	<b>Wednesday</b>		M/MA			<input type="checkbox"/> CN Label
Eligible Adults	F/V			Eligible Adults		Vegetable					
	Grains					Fruit					
Ineligible Adults	1%/Skim <sup>1, 2</sup>			Ineligible Adults		Grains					
							1%/Skim <sup>1, 2</sup>				
<b>Thursday</b>		M/MA <sup>4</sup>			<input type="checkbox"/> CN Label	<b>Thursday</b>		M/MA			<input type="checkbox"/> CN Label
Eligible Adults	F/V			Eligible Adults		Vegetable					
	Grains					Fruit					
Ineligible Adults	1%/Skim <sup>1, 2</sup>			Ineligible Adults		Grains					
							1%/Skim <sup>1, 2</sup>				
<b>Friday</b>		M/MA <sup>4</sup>			<input type="checkbox"/> CN Label	<b>Friday</b>		M/MA			<input type="checkbox"/> CN Label
Eligible Adults	F/V			Eligible Adults		Vegetable					
	Grains					Fruit					
Ineligible Adults	1%/Skim <sup>1, 2</sup>			Ineligible Adults		Grains					
							1%/Skim <sup>1, 2</sup>				

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