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| **CACFP Menu for Children 1-18 years of age****\*Three or Less Meal Services** |  |  |
| **Center name** |  |  | **Month and Year** |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
| **Meal Patterns** | **Monday****Date\_\_\_\_\_\_\_\_\_\_** | **Tuesday****Date\_\_\_\_\_\_\_\_\_\_** | **Wednesday****Date\_\_\_\_\_\_\_\_\_\_** | **Thursday****Date\_\_\_\_\_\_\_\_\_\_** | **Friday****Date\_\_\_\_\_\_\_\_\_\_** |
| **Breakfast**• Grains, OR * Meat/Meat alternate (no more than 3 times per week)

• Fruit or Vegetable• Milk |  |  |  |  |  |
| **Lunch*** Meat/Meat alternate

• Vegetable• Fruit• Grains• Milk |  |  |  |  |  |
| **Snack***Select two of the following:** Meat/Meat alternate

• Vegetable• Fruit• Grains• Milk |  |  |  |  |  |

\*Type of milk served: 1 year olds \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2 & older\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Record the specific names of cereals, fruits, and vegetables served

\*Note whole grain items with WG or WW and whole grain-rich items with WGR