

### Handout 3.3: Matching the Vegetable Subgroups Activity Sheet

Read the vegetable name in the first column and choose the matching vegetable subgroup from the second column.

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|-----------|--|-------------------------------------|
| _____ 1.  | Romaine lettuce                                | a. Dark green and orange vegetables |
| _____ 2.  | Carrot slices                                  | b. Dry beans and peas               |
| _____ 3.  | Mesclun (assorted baby salad greens)           | c. Starchy vegetables               |
| _____ 4.  | White beans                                    | d. Other vegetables                 |
| _____ 5.  | Green beans                                    |                                     |
| _____ 6.  | Yellow crookneck squash                        |                                     |
| _____ 7.  | Iceberg (head) lettuce                         |                                     |
| _____ 8.  | Chopped broccoli                               |                                     |
| _____ 9.  | Green peas                                     |                                     |
| _____ 10. | Sweet potatoes                                 |                                     |
| _____ 11. | Baby green lima beans                          |                                     |
| _____ 12. | Beans in tomato sauce with pork (pork & beans) |                                     |
| _____ 13. | Acorn squash                                   |                                     |
| _____ 14. | Turnip greens                                  |                                     |
| _____ 15. | Corn cobbettes                                 |                                     |
| _____ 16. | Brussels sprouts                               |                                     |