

Individual Health Care Plan (IHP)*For health needs that may result in an emergency and/or need management or monitoring impacting a student's education*

Student Name:

Medical Diagnosis:

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School:

Grade:

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Healthcare Provider:

Date Initiated:

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IHP Part of 504 Plan Yes No

Registered Nurse Signature/Credentials (Creator of IHP) and Date of IHP Creation:

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Student has: (check only those that apply)

Individualized Education Program (IEP)	504 Plan
Emergency Action Plan (EAP)	Emergency Evacuation Plan (EEP)

Nursing assessment- Health Conditions or Other Impairments Impacting the Student's Education and Participation in School Activities:

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Information Regarding Equipment or Other Essential Information:

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Nursing Assessment and Planning: The nurse used assessment and planning in the creation of this IHP that included (check all that apply)

- Student observation, parent/student communication
- Information from community, agencies, or other sources
- Review of school records (to include medical records, if applicable)

Nursing Diagnosis(es): Nurses who want standardized nursing diagnosis examples can access the [North American Nursing Diagnosis Association International \(NANDA-I\) resources](#), which refine taxonomy structure through domains, classes, and diagnoses. *

Nursing Intervention(s) Including Delegated Nursing/Health Care Interventions:

Student Outcomes/Goals (Specific, Measurable, Attainable, Realistic, Time Based):

Evaluation and Review of Goals:

***There are four types of nursing diagnoses:**

- 1. Problem-Focused Nursing Diagnosis:** A problem-focused nursing diagnosis has three parts: This type of nursing diagnosis contains the nursing diagnosis, related factors, and defining characteristics.
- 2. Risk Nursing Diagnosis:** A risk nursing diagnosis has two parts. The nursing diagnosis includes a risk diagnostic label and risk factors. This diagnosis uses a clinical nursing judgment that a problem does not exist. However, the presence of risk factors indicates that a problem will likely develop unless the licensed nurse intervenes. The school nurse utilizes assessment information from the student's current health status, past health history, and other risk factors that may increase the likelihood that a student will experience a health problem at school.
- 3. Health Promotion Nursing Diagnosis:** A health promotion diagnosis has two parts. The nursing diagnosis includes a readiness statement that identifies a student's readiness to engage in activities to promote health and wellbeing. A health promotion diagnosis is a clinical nursing judgment about the motivation and desire of the student to increase wellbeing that guides nursing intervention to support the student's learning.
- 4. Syndrome Diagnosis:** A syndrome diagnosis is one statement in the diagnosis label. The syndrome nursing diagnosis is a clinical judgment concerning a cluster of problems or risk nursing diagnosis predicted to be present because of a particular situation or event. (Iowa Department of Education. 2024. *Iowa School: Individual Health Plan Template Reference Document*. p. 9. Available: <https://educate.iowa.gov/media/9530/download?inline>)